

Other ways Aviva can support you

Aviva recognises the potential of every person to overcome family violence. We offer a range of services for children, women and men. Central to all of our work is your personal safety and the safety of children.

All of our services are delivered by compassionate, professionally qualified Aviva Family Support Workers who understand family violence and the challenges you may be facing. They can support you and your family/whānau to become safe and begin a life free from violence.

Services include:

- 24-hour free phone support and information via 0800 AVIVA NOW (0800 28482 669)
- An individual safety assessment and plan to help keep you and your loved ones safe
- Ongoing one-on-one support for you and your children
- Advice and information on legal, health and financial issues
- Access to support from other agencies and services
- Temporary accommodation for children and women needing emotional and physical refuge
- Support and advice for men overcoming family violence through the ReachOut service
- Help applying for a Protection or Parenting Order
- Ministry of Justice approved education programmes (individual or group) designed to rebuild self-esteem, empower you to embrace change and develop healthy relationships
- Specialist peer support from women and men who have themselves overcome family violence
- Shine safe@home home security improvements for those at highest risk of repeat family violence

All of our services are free and you don't need to leave your relationship or enter a Safe House to access these services.

To find out more about how Aviva can support you, call 0800 AVIVA NOW (0800 28482 669) or visit www.avivafamilies.org.nz

Aviva exists because we care

We support individuals and families/whānau to not only become safe, but begin a journey towards a fulfilling, violence-free life.

To do this we offer a range of support options to children, women and men to overcome family violence.

Please visit www.avivafamilies.org.nz to see our full range of services including:

- **Aviva Children and Youth Services**
- **Aviva Men's Services – ReachOut**
- **Aviva No Interest Loans Scheme**
- **Aviva's Shine safe@home Service**
- **Aviva Specialist Peer Support**
- **Aviva Women's Services**

Aviva is an independent Canterbury charity first established in 1973 as Christchurch Women's Refuge.



(formerly Christchurch Women's Refuge)

Address: PO Box 32 034, Christchurch 8147

Phone: 0800 AVIVA NOW
(0800 28482 669) or 378 3847

Email: enquiries@avivafamilies.org.nz

Rangiora Office

Post: PO Box 198, Rangiora 7440

Fax: (03) 313 1082

www.avivafamilies.org.nz

Find us on Facebook: Aviva Families

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Investing in safer futures



No Interest Loan Scheme



Everyone deserves a home free from family violence. At Aviva (formerly Christchurch Women's Refuge) we support your journey towards a violence-free future with a No Interest Loans Scheme (NILS), a service that offers you access to financial resources that can improve the quality of your life and the lives of your children. The journey to a violence-free future doesn't need to be travelled alone. Our services support families/whānau every step of the way.

Financial independence can be part of your future

We know that financial independence is an important part of a life free from violence. Aviva NILS provides access to safe, fair and affordable credit that, in conjunction with other services, can support you to gain – or regain – financial control and independence.

Aviva NILS is available if you are on a low income, or otherwise unable to access the credit that would enable you to purchase important household items or services that would improve your quality of life, or that of your children. Aviva NILS does not charge interest or fees, and does not repossess goods or complete credit checks.

How do I access Aviva NILS?

If you answer yes to the following questions you may be eligible for an Aviva NILS loan:

Do you have a Community Services Card or are you on a low income?	Yes / No
Do you want to buy an essential or important item or service?	Yes / No
Have you tried to access the item/service through Work and Income and been turned down?	Yes / No
Do you have enough flexibility in your budget to repay a loan?	Yes / No
Are you willing to repay a loan?	Yes / No

Currently, access to Aviva NILS is available to you if you are a Canterbury resident and a client of a NILS referral partner. For a current list of social service agencies which can refer to NILS, please call us on 0800 AVIVA NOW (0800 28482 669) or visit the NILS section of our website, www.avivafamilies.org.nz



What can I use my loan for?

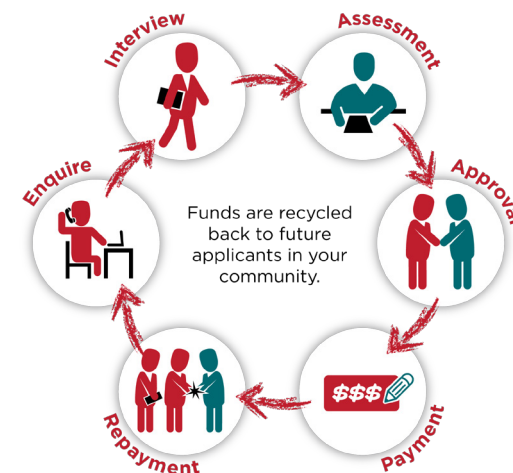
If you are eligible for a loan, you will need to agree its purpose with our Aviva NILS Worker before it is approved. Loans have been used for:

- Furniture
- Car repairs
- Whiteware
- Heat pumps
- Rental property bonds
- Adult education

Loans **cannot** be used for existing debts or ongoing costs such as electricity.

Loan amounts vary up to a maximum of \$2,000 and repayments can be spread over 24 months. Repayments average between \$10 and \$20 per week, depending on your budget, and the amount of the loan.

Here is how Aviva NILS works



NILS is currently maintained and developed by Good Shepherd Microfinance, and Aviva NILS is supported in New Zealand by The Good Shepherd New Zealand Trust and Kiwibank.



Good Shepherd
New Zealand Trust